



PERSATUAN SEKOLAH LODGE (PPP/SK/1262/74)

(LODGE SCHOOL ASSOCIATION)

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To : All Parents / Guardians
Date : Friday, 18 March 2022
Title : Director's Circular March 2022
Circular Number : 11/DIR/2022

Dear Parents / Guardians,

Attached is a compilation of reference on "Guide to New Normal" for Lodge Group of Schools. This is derived predominantly from MOH. Please be guided accordingly.

We thank you for your patience, understanding and thoughtfulness during these challenging times. We strongly encourage all parents / guardians to stay vigilant and follow all SOP issued by MOH, NSC & MOE.

We will update as and when we receive new announcement.

For further information, please contact the following:

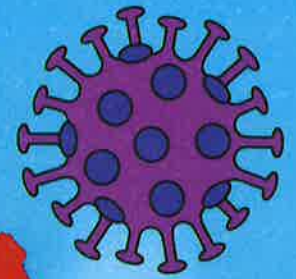
Director, Mr Su Hiong Ai	- 012-8726123
Principal, Primary & Kindergarten, Mdm Prisca Chambers	- 019-8180260
Principal, Secondary, Mr Yunus Anak Apok	- 013-8063553
Principal, International, Mr Markus Gatuman	- 013-8335817

"TOGETHER WE CAN MAKE A DIFFERENCE"

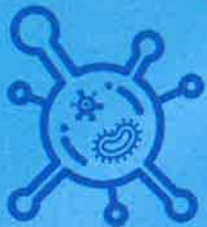
Yours Sincerely,


.....
SU HIONG AI
Director
Lodge Group of Schools





GUIDE TO NEW NORMAL



COVID-19
Coronavirus



LODGE GROUP OF SCHOOLS

GENERAL GUIDE FOR PARENTS



This guide serves to minimize uncertainty as to what action the School and members of the Lodge community will take when faced with the various situations that may arise.

- Please be assured that the health and safety of our students and staff is always our top priority.
- Please note that all information, including the name(s) of suspected COVID case /close contacts, shared with the school is **CONFIDENTIAL**.
- It is important that we work together as a community, and for families to be vigilant and exercise extra caution.
- Please do not send your child to school if your child is unwell, or if your child or family members is/are planning to take a COVID-19 test or is/are waiting for the test results.
- Students returning to the school after a quarantine period / after a prolonged school closure will be required to submit a Self-Test result on the day preceding their return to school, confirming that they are negative and no one else in their family are showing cold, flu or COVID-19 like symptoms.

Key Contacts:

- Principal
- Deputy Principals
- Class Teachers

****** We will update when we receive new information from MOH and MOE.

ROAD TO NEW NORMAL 2022

This document contains updated information on how you can manage close contact or confirmed cases of Covid-19. Please take the time to read this as the government has recently updated its guidance on coronavirus-related matters including revised quarantine periods and new categorisations for Covid-19.

REMINDERS



GET TESTED IF UNWELL

Immediately take a Covid-19 test if you have symptoms e.g. fever, cough, fatigue



ALWAYS MASK UP

Wear a face mask when you are outside your home, especially when seeing others



KEEP YOUR HANDS CLEAN

Wash and sanitise your hands regularly. Avoid touching your face / nose if possible



AVOID THE 3Cs

Stay away from the 3Cs: Closed areas, Crowded places and Close interactions



MIND YOUR DISTANCE

Observe adequate physical distancing of at least 1 meter from other people

UPDATES YOU SHOULD KNOW

CATEGORIES OF COVID

CATEGORY 1 - ASYMPTOMATIC

CATEGORY 2A - MINOR SYMPTOMS

NEW

- Sore throat/cold
- Cough
- Loss of sense of taste (but still have appetite)
- Loss of sense of smell
- No fever
- No difficulty breathing
- Diarrhoea twice in 24 hours
- Nausea and vomiting
- Fatigue (but can still do daily activities)
- Muscle aches and pains (but can still do daily activities)

CATEGORY 2B - MODERATE SYMPTOMS

NEW

- Fever/onset of fever for more than two days
- Shortness of breath when exerting yourself
- Chest pain
- Loss of appetite
- Fatigue while doing daily activities or after waking up
- Requires walking assistance
- Increasing severity of symptoms (e.g. persistent cough, nausea, diarrhoea etc)
- Decreased level of consciousness
- Gradual decrease in urine output over 24 hours

CATEGORY 3 - SOME BREATHING ISSUES

CATEGORY 4 - REQUIRES OXYGEN SUPPORT

CATEGORY 5 - NEEDS INTUBATION/VENTILATOR

CLOSE CONTACT



SHARED SPACE

- People who live together;
- Colleagues in the same workspace;
- Classmates in the same classroom



CLOSE PROXIMITY

Face-to-face for more than 15 mins, less than 1 meter distance, in an enclosed area with a positive case



LONG EXPOSURE

Not face-to-face but present in an air-conditioned room for more than 2 hours with a positive case



TRAVELLING TOGETHER

Travelling in the same vehicle with a positive case for more than 15 mins

GENERAL MANAGEMENT PROCEDURE FOR POSITIVE CASES & CLOSE CONTACTS TO COVID-19 CASES ACCORDING TO COVID-19 VACCINATION STATUS

Effective 1 March 2022

POSITIVE CASE

QUARANTINE PERIOD	FULLY VACCINATED + BOOSTER COMPLETED	FULLY VACCINATED ONLY	UNVACCINATED / NOT FULLY VACCINATED
	5 DAYS	7 DAYS	10 DAYS

CLOSE CONTACTS

VACCINATION STATUS	ASYMPTOMATIC / SYMPTOMATIC	QUARANTINE PERIOD	TEST REQUIREMENT
Boosted	Asymptomatic	No Quarantine	RTK(Ag) self-test on Day 1 and Day 3
	Symptomatic	5 Days	RTK(Ag) on Day 5. Release on Day 5 if negative
Fully Vaccinated	Asymptomatic or Symptomatic	5 Days	RTK(Ag) on Day 5. Release on Day 5 if negative
Partially Vaccinated Or Unvaccinated	Asymptomatic or Symptomatic	7 Days	RTK(Ag) on Day 7. Release on Day 7 if negative



PROTOCOLS FOR ATTENDANCE ONSITE

Our five fundamental expectations for a safe return onsite to school are:



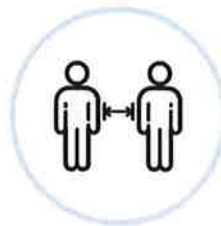
Make sure you are well enough to be onsite



Be vaccinated (if eligible)



Wear a mask



Maintain physical distancing



Maintain good hygiene - sanitising and / or washing hands with soap

For everyone's safety, we need to follow the following protocols.

You should remain home and **contact the school** in the following situations:

1. You have tested positive for COVID-19
2. Any persons living in your household have tested positive for COVID-19
3. You are a close contact of a positive case of COVID-19
4. You exhibit signs and symptoms such as a sore throat, high temperature (37.5 or above), dry cough or difficulty breathing.

In situations 1 to 3, after contacting the school, you should remain quarantined for up to 5/7/10 days. You should have sufficient evidence that you can leave quarantine and have approval from the school to return onsite.

For situation 4, you should seek medical advice. You will need approval from the school to return onsite.

Classroom Rules

during pandemic



1

Face and nose must be covered by masks

2

Wash your hands diligently



3

Use sanitizer

4

Physical distancing



1 meter





TOGETHER
WE CREATE A

HEALTHY AND SAFE
ENVIRONMENT

